

# Ann Shargo Lhospital, Ph.D.

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## EDUCATION

### **University of Virginia, Charlottesville, VA**

*Curry Programs in Clinical and School Psychology*

Ph.D. in Clinical and School Psychology August 2011  
Dissertation: "Supporting teachers to reduce their stress and improve interactions with students."

M.Ed. in Clinical and School Psychology May 2007  
Doctoral Pre-Dissertation title: "Changes in teacher stress through participation in prereferral intervention teams."

### **University of Arizona, Tucson, AZ**

*School of Arts & Sciences*

B.A. in Psychology, with Honors August 2005  
Honor's thesis title: "The effects of group categorization on decision making in the Ultimatum Game."

## AWARDS

Elsie Hughes Cabell Scholarship, 2009-2010, Curry School Foundation  
Marjorie Hare Andrews Fellowship, 2010-2011, Curry School Foundation

## RESEARCH AND CLINICAL WORK EXPERIENCE

Research Scientist August 2012 – current  
*University of Virginia, Center for Advanced Studies of Teaching and Learning*

Learning to Objectively Observe Kids (LOOK) project

- Working with a team to develop LOOK, a new consultation model for assisting Head Start teachers with students displaying challenging behaviors using contextualized assessment tools (inCLASS, ASPI).
- Reliable coder and trainer on the individualized Classroom Assessment Scoring System (*inCLASS*) to observe children's classroom engagement with teachers, peers, and tasks.
- Will serve as primary mental health consultant for teachers during the LOOK pilot.
- Will hire, train, and supervise consultants in the subsequent phases of the project.
- Will contribute to professional publications and presentations.

*University of Virginia's Sheila C. Johnson Center*

Resident in Clinical Psychology (full time)

July 2011 – August 2012

Supervisors: Lisa Locke-Downer, Ph.D., Antoinette Thomas, Ph.D., Ron Reeve, Ph.D.

- Conducted psychological and educational assessments on a weekly basis. Clients ranged from age 4 to adult, presenting with issues including: ADHD, LD, Pervasive Developmental Disorders, anxiety and mood disorders, behavior disorders, personality disorders, family stress, and psychosis.
- Provided outpatient therapy services using CBT (anxiety, OCD) and social-skills training with clients from elementary school- through college- age.
- Provided school-based therapy for adolescents, as well as teacher consultation and training services, at Albemarle County's alternative placement, Enterprise Center.
- Supervised two graduate students providing therapy and consultation services in the schools (Safe Schools Healthy Students Program).

*Virginia Treatment Center for Children: MCV Hospital, Department of Psychiatry*

Psychology Intern (full time)

July 2010 – June 2011

Lead supervisor: Katherine Macie, Ph.D.

- Provided individual and family psychotherapy, case management, and assessment services for children and adolescents in an acute in-patient psychiatric facility.
- Consulted with multidisciplinary staff in pediatric hospital and outpatient settings, including the VCU Pediatric Emergency Department, Child Development Clinic, and General Pediatric (Primary Care) Clinic.
- Conducted comprehensive outpatient psychological assessments for children and adolescents with a range of moderate to severe mental health illnesses.
- Provided outpatient therapy for preschool and school-age children and their families, using attachment-based family therapy, play therapy, and CBT techniques.

*Burley Middle School and Charlottesville Public Charter School*

School Psychology Intern (2 days/week)

August 2009 – May 2010

Supervisor: Jessica Berry, Ed.S.

- Provided individual and group counseling services for students needing special education services in both traditional and non-traditional middle school settings.
- Conducted psychological assessments for special education evaluations.
- Consulted with parents, educators, and specialists on students' mental health needs.
- Participated on school-based intervention team (SBIT) meetings, under a Response-to-Intervention model.

*Center for Clinical Psychology Services, Charlottesville, VA*

Student Assessment Supervisor (2 days/week)

July 2008 – July 2009

Supervisors: Julia Blodgett, Ph.D., Ron Reeve, Ph.D., and Lisa Locke-Downer, Ph.D.

- Supervised 11 assessments conducted by graduate level students on skills including test administration, scoring, and interpretation; report writing; and clinical skills.
- Edited comprehensive written psychological reports of children and adolescents' functioning and provided graduate students with written and verbal feedback.
- Co-led meetings to evaluate students' progress in their assessment training.

- Assisted with trainings for graduate students on assessment and therapy practices.

Assessment Case Manager (1 day/week) September 2007 – May 2010

Supervisors: Julia Blodgett, Ph.D., Ron Reeve, Ph.D., and Lisa Locke-Downer, Ph.D

- Coordinated and conducted full psychological assessments on children, adolescents, and adults using cognitive, educational and psychological tests.
- Integrated test data, records reviews, and interviews in comprehensive reports.
- Conducted therapeutic feedback sessions for parents and clients.

Associate Therapist (1 day/week) July 2007 – July 2009

Supervisors: Lisa Locke-Downer, Ph.D., Philip Dupont, Ph.D., and John Schroll, Ph.D.

- Provided individual and family psychotherapy for children and adults.
- Applied cognitive-behavioral, psychodynamic, and varied family therapy techniques under the supervision of three Ph.D. level therapists.

*Henley Middle School, Charlottesville, VA*

School Psychology Practicum Student (1 day/week)

January 2007 – May 2007

Supervisor: Christy Wilson, Ed.S.

- Counseled middle school students with social-emotional and educational needs.
- Co-led stress management and social skills (Skillstreaming) groups.
- Conducted cognitive assessments for special education evaluations.
- Participated in special education eligibility and school-based intervention team meetings.

## **ADDITIONAL CLINICAL EXPERIENCE**

*University of Virginia, Curry School of Education*

Diversity group facilitator

August 2009

- Facilitated a group discussion about diversity awareness for incoming graduate students in the education school.

*Fairfax County Women's Shelter, Virginia*

Case Manager

August 2005 – July 2006

- Provided crisis counseling and case management services for a culturally diverse group of women and families at a domestic violence shelter.
- Co-led children's groups addressing domestic violence and trauma.
- Responded to crisis calls on a domestic violence hotline.

*University of Arizona Mentoring Program, Tucson, Arizona*

Mentor

January 2005 – May 2005

- Mentored two adolescents with emotional and behavioral disorders.
- Participated in a peer supervision group and received training on youth mentoring.

*FIRST Interfaith Crisis Hotline, Tucson, Arizona*

Crisis Counselor

August 2004 – December 2004

- Responded to crisis calls from adults with mild to severe mental health concerns.
- Received training in crisis intervention and counseling skills.

## RESEARCH

*University of Virginia, Curry School of Education, Charlottesville, VA*

Doctoral Dissertation

September 2008 – May 2010

Title: Supporting teachers to reduce their stress and improve interactions with students.

Successfully defended May 2010

Dissertation committee: Anne Gregory, Ph.D. (chair), Ron Reeve, Ph.D., Joseph Allen, Ph.D., and Ruth Feree, Ph.D.

Doctoral Pre-Dissertation

August 2006 – August 2009

Title: Changes in teacher stress through participation in pre-referral intervention teams.

Research advisor: Anne Gregory, Ph.D.

Published in November 2009 issue of *Psychology in the Schools*

Coding Team Coordinator and Research Assistant

May 2009 – May 2010

MyTeachingPartner-Secondary project, Center for Advanced Studies of Teaching and Learning

- Coordinated the recruitment, hiring, and training of coders to the MTP-S project.
- Trained coders on the Classroom Assessment Scoring System- Secondary (CLASS-S) to rate classroom quality, including teacher-student interactions.
- Led weekly reliability meetings with undergraduate and graduate level coders.
- Assisted with grant preparation and data analyses.

Coder

MyTeachingPartner-Secondary project

June 2008 – June 2009

- Applied the CLASS-S to code videotapes of 7<sup>th</sup>-12<sup>th</sup> grade classrooms.
- Met weekly with coders and team leaders to practice coding for reliability.

Research Assistant

August 2006 – May 2009

School-based Intervention Teams (SBIT) Project

- Helped design a prospective, longitudinal design study with a sample of elementary school teachers in a local school district.
- Conducted semi-structured interviews with teachers about their experiences with school-based intervention (SBIT) teams.
- Developed web-based surveys and implemented a coding system to evaluate SBIT process components.
- Wrote reports for the school district outlining the study findings and recommendations for improving school practices.

## TEACHING EXPERIENCE

*University of Virginia, Charlottesville, VA*

Postdoctoral Teaching Assistant

July 2012

EDHS 8710: Psychosocial consultation

- Assisted with course development for a six-part consultation seminar with advanced doctoral students.
- Planned and taught lessons on communication and interpersonal skills, consultation services in the schools, and systemic consultation.
- Collaborated on the development of learning objectives and assessments, including a case study analysis.

Graduate Teaching Assistant

Summer 2009 – Spring 2010

EDHS 866, 867, and 870: Personality Assessment (3 course sequence)

- Assisted with the instruction of doctoral students on principles of personality assessment, including testing theory, the use of a variety of projective and behavioral measures, cultural considerations, and interpretation and report writing using actual case material.
- Taught lessons on test reliability, the MMPI-II, and report writing.
- Provided written and spoken feedback to students on Rorschach scoring and administration exercises, personality report writing, and final exams.

Graduate Teaching Assistant

Fall 2007

EDHS 764: Cognitive Assessment

- Assisted with teaching classes to first year doctoral students on the principles of cognitive testing and fundamentals of test administration and interpretation.
- Supervised students in administering, interpreting, and writing reports using cognitive tests, including the Weschler, Woodcock-Johnson, and DAS series.

## PUBLICATIONS

Lhospital, A. S., & Gregory, A. (2009). Changes in teacher stress through participation in prereferral intervention teams. *Psychology in the Schools*, 46, 1098-1112.

Lhospital, A. S., Gregory, A., Chen, W., & Gewirtz, S. (2009). Second Report to Albemarle County Schools: Teachers' perspectives on school based intervention teams (SBIT). Charlottesville: University of Virginia.

Gregory, A., Chen, W., Gewirtz, S., & Shargo, A. (2008). Report to Albemarle County Schools: Studies of school based intervention teams (SBIT). Charlottesville: University of Virginia.

## PRESENTATIONS

Lhospital, A.S. (2012). *Teacher interventions for students' behavioral and emotional challenges* (Teacher in-service training at the Enterprise Center, Albemarle County Public Schools).

Lhospital, A.S., Luckner, A., & Gregory, A. (2010). Intervening at a CLASSroom level: Strategies for teacher consultation. (Training session conducted at the National Association of School Psychologists Spring conference).

Gregory, A., Chen, W., Lhospital, A. S., & Reeve, R. (2009) Ripple effects of pre-referral interventions for teachers and parents. (Panel at the National Association of School Psychologists Spring conference).

Lhospital, A. S., & Gregory, A. (2009) Challenging students, high demands and too little time: Examining domains of teacher stress over time. (Paper presentation at the Virginia Psychological Association Spring conference).

Locke-Downer, L., & Lhospital, A. S. (2009) The fight is over! Tips for dealing with sibling rivalry. Presentation to the Parent-Teacher Association of Murray Elementary School. Charlottesville, VA.

Chen, W., Shargo, A., Gewirtz, S., Gregory, A. & Mikami, A. (2007). School Based Intervention teams: Preliminary findings from the UVA SBIT research team. Presentation for local practitioners and county school personnel at the University of Virginia, Charlottesville.

## REFERENCES

- Dr. Jason Downer – Principal investigator for the LOOK project (434-924-0792)  
Dr. Ron Reeve – Doctoral academic advisor (434-924-0790)  
Dr. Anne Gregory – Doctoral research advisor (848-445-3984)  
Dr. Antoinette Thomas – Postdoctoral clinical supervisor (434-924-6958)  
Dr. Lisa Locke-Downer – Postdoctoral assessment supervisor and predoctoral clinical supervisor (434-924-0796)