Organized Out-of-School Time Activities

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Three Thoughts on OST and PYD...

- Out-of-School Time Educators
- The (not so) Skinny on Summertime
- International Achievement Differences
Organized Out-of-School Activities CAN be Beneficial for Young People

- Quality is critical to program benefits

- Poor Quality Programs
  - Do not confer academic or social benefits
  - May contribute to problem behaviors

- Program Staff are Key to Quality
  - Safety, social climate, activities and skills
Out-of-School Time Educators: Status of the Workforce

“...many workers with little experience or education directly relevant to afterschool, frequent turnover, and many part-time workers, suggesting the need for training approaches to ensure basic knowledge of afterschool work.”

What Works?: Lessons from K-12 Education

(1) Sustained learning opportunities

(2) Active learning with supervised opportunities to practice skills and reflect

(3) Focus on content knowledge and skill development
UCI Certificate in After-School Education: Coursework and Fieldwork

**CORE**
- Foundations of Out-of-School Learning
- Child or Adolescent Development
- Multicultural Educational

**CONTENT ELECTIVES**
- Reading/Literacy
- Tutoring
- Math/Science
- Physical/Health ED
- Technology
- Arts

**CAPSTONE**
- Capstone

**Fieldwork**
- 20 Hours Of Fieldwork
- Variable Hours of Fieldwork
- 50 Hours Of Fieldwork
Youth Really **Do** Develop During the Summer

- Summer Slide in Achievement

- Increased Opportunities for Deviant Behavior

- Peak Season for Weight Gain
Summertime Opportunities

- Organized Activities and Programs
- Expanded Learning Time
  - Evidence for Effectiveness
  - 21CCLC Funds
International Differences in Achievement

- Towards a Broad View of Education
  - There are International Differences in Achievement
  - Out-of-School Time (OST) Impacts Achievement
  - OST Varies Around the World
  - OST May Contribute to International Differences in Achievement
  - America’s Global Competitiveness Might be Augmented by Using OST Effectively
Figure 1. Five OST clusters with respect to geographic region.

Note. Red=Technology and leisure. Green=Technology only. Yellow=Active home. Orange=Active home, inactive technology and leisure. Blue=Moderate in all.